





Coronavirus FAQs - 26th February 2020

It is possible that Novel Coronavirus (2019-nCoV) may cause mild to moderate illness, cough, fever.

1. Someone in the household has a confirmed diagnosis of coronavirus, what do I do?

Please stay at home, inform your line manager and/or HR and follow Public Health advice of self-quarantine for 14 days. Return to work on day 15 if you have not had any symptoms.

If you develop a high fever 38C, cough and/or shortness of breath contact NHS 111.

2. I live in a household with a healthcare worker who had been exposed to coronavirus and told to self-quarantine. What do I do?

You are advised to stay at home, to self-quarantine for 14 days and inform your line manager and/or HR. Only return to work on the 15th day if you remain symptom free. If you develop a high fever 38C, cough and or shortness of breath contact NHS 111.

3. I am the parent of a child who was skiing in Northern Italy last week and has been told to self-quarantine by their school. Should I do the same?

- a. If your child has returned from an Italian town under containment measures stay at home and self-isolate. Call NHS 111 (option 1) to determine the next course of action. Inform your line manager and/or HR team on the course of action as suggested by the NHS.
- b. If your child has returned from a part of Northern Italy that is not under containment measures then no containment is required unless you or your child develop symptoms, (shortness of breath, cough or high temperature, above 38C). If this happens you will need to call NHS 111 and self-isolate for 14 days. Please also Inform your line manager and/or HR.

4. I have travelled to Northern Italy

- a. If you have returned from an Italian town under containment measures (since 19th Feb) stay at home and self-isolate for 14 days and call NHS 111. Please also inform your line manager and/or HR.
- b. If you have returned from a part of Northern Italy that is not under containment measures then no containment is required unless you develop symptoms, (shortness of breath, cough or high temperature, above 38C). If this happens you will need to call NHS 111 and self-isolate for 14 days. Please also Inform your line manager and/or HR.

5. I travelled to a non-listed area of Italy; do I need to self-isolate?

There is no need to undertake any special measures, but if you develop any symptoms (shortness of breath, cough or high temperature, above 38C) please call NHS 111 and self-isolate for 14 days. Also Inform your line manager and/or HR.

6. A colleague has been advised to self-quarantine because they have returned from a containment zone (Category 1 area). Do I need to do anything?

If you have been within 2 metres for more than 15 minutes since their return from a Category 1 area please call NHS 111 (option 1) for further information on the course of action. Please also inform your line manager and/or HR.

If you have walked past a colleague that has since self-isolated please follow strict hand hygiene procedures.

Advice regarding return travel from specified areas:

Category 1

Travellers should immediately self-isolate at home and work from home for 14 days, even if asymptomatic, and call NHS 111 (Northern Ireland 0300 200 7885) to inform of recent travel. Also please inform your line manager and/or HR.

Guidance for Italy, Iran and Daegu or Cheongdo (Republic of Korea) applies to individuals who have returned from these areas on or after 19th February 2020.

Category 2

Travellers do not need to undertake any special measures, but if you develop symptoms, even if mild (cough, high temperature or shortness of breath), you should self-isolate and call NHS 111 (Northern Ireland 0300 100 7885). Then inform your line manager and/or HR.

| Category 1 countries/areas include: | Category 2 countries/areas include: |
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| Wuhan city and Hubei Province (China, see map) | Cambodia |
| • Iran | • China* |
| Daegu or Cheongdo (Republic of Korea, see <u>map</u>) | Hong Kong |
| Any Italian town under containment measures (see <u>map</u>) | • Italy : north* (see <u>map</u>) |
| | • Japan |
| | • Laos |
| | Macau |
| | Myanmar |
| | Republic of Korea* |
| | Singapore |
| | • Taiwan |
| | Thailand |
| | Vietnam |

^{*}Except areas of the country specifically referred to in Category 1

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